



Semester 1	Credits	Success Marker
ENGL 103*	3	
COMS 100	3	
SOCI 170	3	
STAT 100	3	
GE: Creativity & Critical Analysis	3	
UNIV 101	1	
<b>Total hours</b>	<b>16</b>	
<b>Notes/Comments:</b>		

Semester 2	Credits	Success Marker
ENGL 203*	3	
PSYC 102	3	
HDFS 280	3	
GE: Creativity & Critical Analysis	3	
BIOS 109	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Semester 3	Credits	Success Marker
HDFS 284	3	
GERO 365	3	
Elective	3	
Elective	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Semester 4	Credits	Success Marker
GERO 369	3	
GE: Nature & Technology	3	
Elective	3	
Elective	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Semester 5	Credits	Success Marker
HDFS 445	3	
HDFS 465	3	
SOCI 356 or PSYC 425 or ACCY 206 or ACCY 288	3	
NUTR 428 or NUTR 405	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Semester 6	Credits	Success Marker
GERO 366	3	
GERO 418	3	
PHHE 410 or ANTH 433 or PHHE 453	3	
PHHE 433 or NGNO 303	3	
Elective	3	
<b>Total hours</b>		
<b>Notes/Comments:</b>		

Semester 7	Credits	Success Marker
GERO/HDFS: Four of the Following	3	
GERO/HDFS: Four of the Following	3	
Elective	3	
Elective	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

Semester 8	Credits	Success Marker
GERO/HDFS: Four of the following	3	
GERO/HDFS: Four of the following	3	
HDFS 488 or HDFS 384	3	
Elective	3	
Elective	3	
<b>Total hours</b>	<b>15</b>	
<b>Notes/Comments:</b>		

*Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.*